

CURRICULUM VITAE
Of Dr Petros Myrianthefs MD, PhD
Clinical Associate Professor Of Surgery

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Birth: Famagusta, Cyprus 16th January 1952
Marital Status: Married

Education: Graduate of Athens Medical School, 1979
Specialist in General Surgery, 1984
Doctorate in Total Parenteral Nutrition, 1988

Training:

July 1989 **Heraklion – Greece**
Postgraduate Course in Endocrine Surgery

Jan to June 1990 **Washington State-USA**
Swedish Medical Center. Colon and Rectal Clinic.
Advance Training in Colorectal Surgery and Surgical
Endoscopy

March 1990 **WASHINGTON STATE-Seattle – USA**
American College of Surgeons
Postgraduate course in Inflammatory Bowel Disease

April 1991 **Nicosia-CYPRUS**
Course on the Surgical treatment of Anorectal
Malformations

June 1991 **Jerusalem-ISRAEL**
Hadassah University Hospital.
Training in Surgical Endoscopy.

- September 1991 **Athens-GREECE. Ethicon Workshop.**
Basic Training in Laparoscopic Surgery.
- March 1997 **American University of Beirut-LEBANON.**
Advance Laparoscopic Training.
Trans Abdominal Pre Peritoneal Herniorraphy
Longo PPH Hemorrhoidectomy.
Laparoscopic Appendicectomy.
- February 1999 **Nicosia – CYPRUS**
HARTMANS Seminar for Modern Wound
Management
- June 1999 **American University of Beirut-LEBANON.**
Advance Laparoscopic Training.
Laparoscopic Nissen Fundoplication.
Laparoscopic Varicocele.
- March 2000 **American University of Beirut-LEBANON.**
Advance Laparoscopic Training.
Laparoscopic Assisted Colectomy.
Laparoscopic Proctocolectomy with j-pouch.
- May 2000 **Bern –SWITZERLAND**
Basic Training for Morbid Obesity .
Surgery.
- March 2002 **American University of Beirut-LEBANON.**
Advance Laparoscopic Gastric Surgery Course.
- March 2004 **Salzburg-AUSTRIA**
Advance Training Course on Morbid Obesity.
Laparoscopic Adjustable Gastric Band.
Laparoscopic ROUX-en-Y Gastric-Bypass.
- November 2006 **Venice- ITALY**
Workshop on Day-Case Surgery of
Inguinal Hernia Repair
- May 2009 **SALTZBURG-AUSTRIA**
Training course on HAL (Hemorrhoidal Artery
Ligation) and RAR (Recto Anal Repair)
- May 2014 **NICOSIA-CYPRUS**
Online Training of the Tutors (MBBS T-Year
Program)

Positions Held

1991 – Today	Nicosia, Apollonion Private Hospital. Consultant in General & Colorectal Surgery Founder and Director of the Minimally Invasive Surgical Department
1999 -Today	Nicosia, Apollonion Private Hospital Founder and Director of the Morbid Obesity Unit
1985-1989	Athens, Hygeia Hospital. Senior Registrar at Colon and Rectal Clinic (1987-89)
1985-1987	Athens, Hygeia Hospital Registrar at Colon and Rectal Clinic (1985-87)
1980 – 1984	Athens, Aretaieion University Hospital. Senior House Officer, second Surgical University Unit
1979 -1980	Athens, Hygeia Hospital. House Officer in the General Surgery Department

Areas of Concentration/Research Interests:

COLON AND RECTAL SURGERY

Performed the first LONGO PPH Operation in Cyprus-1997
Performed the first Totally Laparoscopic Colectomy in Cyprus-2005
Performed the first Laparoscopic Appendectomy with the use of staplers in Cyprus-1998

LAPAROSCOPIC AND BARIATRIC SURGERY

One of the first to start the Laparoscopic Surgery in Cyprus-1991
Started the Bariatric Surgery in Cyprus:
Laparoscopic Adjustable Gastric Band-1999
Laparoscopic R-en-Y Gastric By Pass-2004
Laparoscopic Sleeve Gastrectomy-2005

ADVANCE LAPAROSCOPIC SURGERY

Laparoscopic Nissen Fundoplication-2002
Laparoscopic Touppet Fundoplication-2003
Laparoscopic Heller's Myotomy-2004
Laparoscopic Splenectomy-2005
Laparoscopic Removal of Ectopic Testicle (Undescended) 2001
Laparoscopic excision of GIST Tumor from the Stomach-2014

Professional Associations:

Member of the International Federation for Surgery of Obesity and Metabolic Disorders-IFSO since 2000.
Member of the International Organization for Chemotherapy since 2000.
Member of the International Bariatric Club since 2013.
Member of the European Society of Surgery since 2005.
Member of the Greek Society for Colon & Rectal Surgery since 2005.
Member of the Greek Bariatric Surgery Society since 2000.
Member of the Greek Surgical Society since 1988.
Member of the Cyprus Surgical Society since 1989.
Member and co-founder of the Cyprus Gastroenterology Society since 1993.
Member of the Medical Informatics Society of Cyprus since 1988.
Member of the Cyprus Society for Chemotherapy and Infection since 2000.
Member of the Mediterranean Middle Eastern Endoscopic Surgery Association since 2008

Awards/Distinctions

International Instructor of Johnson & Johnson, Ethicon Endosurgery since 2005.
Training of General Surgeons on the new techniques in Laparoscopic & Bariatric Surgery.

Membership of the Holy Order of The Gastrus Bandidus Melitensis for outstanding performance, Malta 2006

Honorary Senior Lecturer at the University of St George Medical School since 2012

Senior Lecturer at the University of Nicosia Medical School since 2014

Clinical Associate Professor of Surgery at the University of Nicosia Medical School 2018

Languages

Fluent in Greek and English

Research & Publications:

American College of Surgeons 1987, Surgical Forum Volume XXXVIII
Con. Frantzides MD, PhD ,Anastasia Stavraka MD, Petros Myrianthefs MD, Kakavakis MD, Robert Condon MD
Radionuclide Evaluation of the Reversibility of Occlusive and Nonocclusive Intestinal Ischemia.

Participation in PhDs Thesis, Athens 1984
Radioisotopic imaging of small bowel ischemia and evaluation of its viability using 99MTC-MDP.
A.Stavraka, P.Myianthefs.

Participation in MD thesis, Athens 1983
Radioisotopic Detection of regional intestinal ischemia by I.V injection of 99MDC-MDP.
C. Frantzides, P.Myrianthefs, A Stavraka.

Doctoral Dissertation (PhD)

2nd Surgical Clinic, Aretaieion University Hospital, Athens University, 1984
Dr.Petros Myrianthefs MD
The effect of Total Parenteral Nutrition (TPN) on bile secretion and composition.
This was an experimental study on Rabbits. We examined the effect of TPN on Bile Flow, Total Bile Acids, Cholesterol, Phospholipids, Bilirubin, Nacl, Kacl,Ca.

Newspaper & Magazine Articles TV and Radio Invited Speaker

Articles on different subjects of General, Laparoscopic and Bariatric Surgery in local newspapers (Phileleftheros, Selides etc).
Interviews on private Clinics and Hospitals in Cyprus (Selides)
I was invited as a speaker for Colon & Rectal surgery and Bariatric surgery in almost all general public interest programs.
(ANTENA TV,MEGA TV,SIGMATV,FRED TV,RIK 3,RADIO SUPER etc)

Abstracts:

13th Panhellenic Surgical Meeting, Nicosia 1982
 Direct Results in 252 cases of valvular operations
 Ch. Lolas, Ch. Paphitis, P.Myrianthefs

German-Hellenic radiological meeting, Athens 1984
 Radionuclide imaging of intestinal ischemia using 99MTC-MDP.An Experimental study.
 A. Stavraka, P.Myrianthefs.

Conference Proceedings

1980	Athens	International College of Surgeons and B Surgical Unit of Athens University (Aretaieion Hospital).
1981	Athens	International College of Surgeons and B Surgical Unit of Athens University (Aretaieion Hospital).
1982	Athens	International College of Surgeons and B Surgical Unit of Athens University (Aretaieion Hospital).
1983	Athens	International College of Surgeons and B Surgical Unit of Athens University (Aretaieion Hospital).
1984	Athens	International College of Surgeons and B Surgical Unit of Athens University (Aretaieion Hospital).
1986	Athens	Annual Symposium of International College of Surgeons and Experimental Medicine Society
1987	Athens	Annual Symposium of International College of Surgeons and Experimental Medicine Society
1988	Athens	Annual Symposium of International College of Surgeons and Experimental Medicine Society
1988	London	Combined Meeting of University Society of Colon and Rectal Surgeons; Section of Coloproctology, Royal Society of Medicine and St Mark's Hospital London.
1989	Athens	Hellenic Section of Collegium Internationale Chirurgiae Digestivae
1990	Seattle	Spring Meeting Of the American College of Surgeons
1992	Nicosia	3 rd Pancyprian Surgical Symposium
1997	Nicosia	12 th Annual Scientific Conference of Nicosia – Kyrenia Medical Association.
2000	Athens	2 nd Panhellenic Bariatric Surgery Conference
2000	Athens	6 th World Hellenic Biomedical Congress
2001	Nicosia	5 th Cyprohellenic Surgical Conference
2001	Paris	Symposium International De Chirurgie Laparoscopique
2002	Bordeaux	10 th International Symposium in Laparoscopic Surgery

2002	Nicosia	Dialogues 2002: Cyprus Anesthesiologists Association
2002	Athens	22nd Panhellenic Conference in Gastroenterology
2002	Freiburg	International Conference of Inflammatory Bowel Disease
2003	Athens	6 th Panhellenic Conference on Laparoendoscopic Surgery And International Symposium on Advanced Laparoendoscopic Surgery
2003	Paris	11 th International Laparoscopic Surgery Symposium.
2003	Nicosia	6 th Cyprohellenic Surgical Conference.
2003	Salamanca	8 th World Congress of IFSO.
2004	Praque	IFSO European Symposium
2004	Bordeaux	Symposium International de Chirurgie Laparoscopique
2004	Nicosia	9 th Pancyprrian Surgical Conference
2005	Vienna	9 th Annual Meeting of the European Society of Surgery
2005	Pafos	International Congress; Highlights of Gastroenterology
2005	Paris	International Laparoscopic Surgery Symposium
2005	Drama	4 th Day Symposium of the Greek Society of Colorectal Surgery.
2005	Athens	4 th Panhellenic Bariatric Surgery Conference
2005	Thessaloniki	1 st Panhellenic Congress of Hellenic Association of Colon & Rectal Surgery
2006	Athens	25 th Panhellenic Surgical Congress; International Surgical Forum 2006.
2006	Limassol	10 th European Society of Surgery Annual Conference
2006	Sydney	11 th International Federation for the Surgery of Obesity
2006	Nicosia	10 th Pancyprrian Surgical Congress
2006	Bordeaux	14 th International Laparoscopic Surgery Symposium
2007	Paris	15 th International Laparoscopic Surgery Symposium
2007	Porto	12 th World Congress of the International Federation for the Surgery of Obesity.
2007	Nicosia	8 th Cyprohellenic Surgical Conference
2008	Bordeaux	SFCE- MMESA 2008 Joint Meeting
2008	Nicosia	11 th Pancyprrian Surgical Conference.
2009	Nicosia	9 th Cyprohellenic Surgical Symposium
2009	Athens	3 rd Panhellenic Conference of the Society of Colorectal Surgery
2009	Limassol	1 st Surgical Oncology Symposium.
2010	Nicosia	12 th Cyprus Surgical Congress
2010	Nicosia	1 st Symposium of Advanced Laparoscopic Surgery
2011	Nicosia	10 th Cyprohellenic Surgical Conference
2012	Nicosia	13 th Cyprus Surgical Congress
2012	Paris	19 th International Laparoscopic Surgery Symposium

2013	Malta	17 th Annual General Meeting of the European Society of Surgery
2014	Nicosia	2 nd Annual Clinical Teachers Workshop for CS and T Year Clinical Placement.
2014	Nicosia	14 th Cyprus Surgical Congress
2015	Paris	22 nd International Laparoscopic Surgery Symposium.
2017	Limassol	13 th Cyprohellenic Surgical Conference.

Conference Presentations Symposium Presentations

Panhellenic conference of the Greek Surgical Society. Athens 2000.
Surgical treatment of Ulcerative Colitis.
Th.Karavias, P.Myrianthefs.

3rd Symposium of Anesthesiology, Dialogues 2002, Nicosia 2002
Round Table Discussion
The Obese Patient in the Operating Theatre
P.Myrianthefs, R. Anastasiadou.

Surgical meeting at Apollonion Private Hospital. Nicosia 2002
SAGB (SWEDISH ADJUSTABLE GASTRIC BANDING)
Results of the first two years.
P.Myrianthefs.

Apollonion Private Hospital Meeting. Nicosia 2012
Surgical treatment of Morbid Obesity. Methods, Results, Complications.
P.Myrianthefs.

Discussant

11th Pancyprian Surgical Conference 2008
Round Table on Morbid Obesity.

13th Cyprohellenic Surgical Conference 2017
Morbid Obesity / Best Surgical Technique.

Member of the Scientific Committee of the 5th Cyprohellenic Surgical Conference
Nicosia 2001

Member of the Scientific Committee of the 1st Symposium in Advance Laparoscopic Surgery (2010)

Member of the Scientific Committee of the 13th Cyprohellenic Surgical Conference, Limassol 2017.

President in a Round Table on Diverticulitis – Staging and Indications for Surgical Treatment.10th Cyprohellenic Surgical Conference, Nicosia 2011.

President in a Round Table on Morbid Obesity – 13th Cyprus Surgical Congress, Nicosia 2012.

President in a Round Table on Morbid Obesity – Best surgical method. Cyprohellenic Surgical Conference, Limassol 2017.

Administrative Experience:

Member of the Board of Directors of the Cyprus Surgical Society (1991 -1993).

Member of the Board of Directors of Apollonion Private Hospital (1992- 2014).

Vice Chairman of the Board of Directors of Apollonion Private Hospital (1994 – 1996) and (1999 – 2001)

Chairman of the Board of Directors of Apollonion Private Hospital (1997 – 1999) and (2001 -2004).

Member of the Board of Directors MRI-LEFKOTHEA Diagnostic Center (2001 – 2004).

Member of the Executive Committee Apollonion Private Hospital (2005 – 2006).

Member of the Scientific Committee of Apollonion Private Hospital (2005- 2014)

Member of the Board of Directors of Apollonion Private Hospital (July 2017 – today).

Member of the University Surgical Education Committee since 2016.

Appointed as coordinator (Apollonion Private Hospital, Hippokrateion Hospital, Evangelistria Polyclinic) for the Medical students of UNIC (MBBS and MD Program 2017 – 2018).

Teaching:

Training in surgery of medical students at Aretaieion Hospital, 2nd Surgical Department of the University of Athens (1981 – 1984).

Training of medical students in ICU, on TPN at Aretaieion Hospital, 2nd Surgical Department of the University of Athens (1982 – 1984).

Training of the medical Students in the Experimental Laboratory, Aretaieion Hospital, Athens University, (1982 – 1984).

Training of the nurses of the Military School in Subjects of Cardiothoracic patients resuscitation , Aretaieion Hospital, Athens University, (1982 – 1984).

Training of the House Officers of the Surgical Clinic of Hygeia Hospital (Marousi-Athens) 1987 – 1989.

Training of Nursing staff and Paramedics in the field of General Surgery, Apollonion Hospital (1992 – 2002).

Training of Surgeons in the field of Laparoscopic and General Surgery, Apollonion Private Hospital (1997 – 2007).

Training of Surgeons in Bariatric Surgery, Malta 2006
Performed the First Laparoscopic placement of Adjustable Gastric Band in MALTA.

Training of the Medical students of Nicosia University as a Lead Tutor in Surgery, MBBS T-Year Program, Apollonion Private Hospital (2012 – today).

References

Prof. HUSSEIN Maher; American University of Beirut
Prof. GHATTAS Houry; American University of Beirut
Prof. MILLER Karl; Krankenhaus Hallein –Salzburg- Austria
Prof. FRANTZIDES Constantinos; University of Chicago
Prof. MELISSAS Ioannis; Heraklion University Clinic
Prof. PAPADIMITRIOU Ioannis; Ericos Dinan Hospital
Prof.COSTANTINIDES Costantinos; Dir. of Surgical Department (Athens Medical Center)
Prof. OIKONOMOU Panos; UNIC Medical School
Prof.TSIFTISIS Demetris; Director 5th Surgical Clinic, Hygeia Hospital, Athens
Prof. POTAMITIS George MD, European University Medical School
Cons. VARIANOS Christoforos MD, Apollonion Hospital; President of Cyprus Surgical Society
Cons. NICOLAOU Panicos MD, Apollonion Hospital; Lead Tutor (MBBS Program)

Hobbies

Reading of Books especially History & Travel.
Shooting & Hunting.
Excursions & Travelling Abroad
Off Road Driving. Member of the Land Rover Owners' Club.