



Pantelis Makrides

Date of birth: 24/10/1988 | **Nationality:** Cypriot | **Sex:** Male | **Phone:**

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Address: 7 Posidionos street , 6047, Larnaca, Cyprus (Home)

WORK EXPERIENCE

26/06/2017 – 25/07/2022 Nicosia, Cyprus

SPECIALTY DOCTOR IN UROLOGY NICOSIA GENERAL HOSPITAL

60 months residency training program , including 12 months of basic General Surgery training.

Participation in ward rounds

Management of in-patients and post operative care

Out-patient consultation (office Urology)

Pre operative assessment of patients

Administration of waiting lists

Patient admission and discharge arrangements with instructions and follow up.

Perform independently basic core urological procedures such as TURBT , TURP , ureteroscopy with laser lithotripsy (holmium and TFL), RIRS , minor day care procedures, cystoscopy follow up for patients with NMIBC, TRUS Bx biopsies.

On call residency.

Management of emergencies and emergency procedures from Acute and Emergency department.

Participation in undergraduate training for medical students during their clinical rotation.

Business or Sector Public administration and defence; compulsory social security

11/2022 – 04/2023 Larnaca / Nicosia, Cyprus

EXTERNAL ASSOCIATE IN PRIVATE SECTOR

Patient consultation , differential diagnosis of urological cases

TRUS- Bx, diagnostic US and cystoscopy

URS, RIRS and laser lithotripsy

TURP

TURBT

05/2023 – 12/2023 Florence, Italy

MINIMALLY INVASIVE AND ROBOTIC SURGERY FELLOWSHIP CAREGGI UNIVERSITY HOSPITAL , AOUC

Observation fellowship program in robotic surgery, introduction to Robotic surgery , training in Robotic principles , docking , first bedside assistant , training in console simulation using DaVinci Si platform , basic steps in live surgery under tutor observation

EDUCATION AND TRAINING

13/05/2015 Brno , Czechia

MASTER'S DEGREE PROGRAM , GENERAL MEDICINE Masaryk University Faculty of Medicine

10/2022 Athens, Greece

UROLOGY SPECIALIST TITLE Panhellenic Medical Association

Address 3 Ploutarchou & Ipsilandou Str., 10675, Athens, Greece

EU -ACME (ID 145954)

06/2022

FELLOW OF EUROPEAN BOARD OF UROLOGY (FEBU, PASSMARK 8) European board of Urology

LANGUAGE SKILLS

Mother tongue(s): GREEK
Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH (IELTS 7.5 OVERALL BAND)	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

PUBLICATIONS

"Mitomycin induced eosinophilic cystitis in a patient with urinary bladder urothelial cancer" a case report

Hellenic Journal of Urology

2021

The efficacy of retrograde tandem of ureteral stenting after single ureteral stenting patency failure

unmoderated e poster at 41st congress of SIU November 10-14 2021
Pantelis Makrides, Theocharis Karaolides , Nicolas Nicolaou , Ziad Milad , Stavros Gravas

2023

Impact of Medical treatment on storage and voiding LUTS, nocturia and quality of life in men at risk of progression

An editorial review on "Modelling study of the effect of placebo and medical therapy on storage and voiding symptoms, nocturia and quality of life in men with prostate enlargement at risk of progression"
Gacci, M., Makrides, P. & Spatafora, P. Impact of medical treatment on storage and voiding LUTS, nocturia, and quality of life in men at risk for progression. *Prostate Cancer Prostatic Dis* (2023). <https://doi.org/10.1038/s41391-023-00761-4>

2023

Morbidity of Transrectal MRI-Fusion Targeted Prostate Biopsy at a Tertiary Referral Academic Centre: An Audit to Guide the Transperineal Approach

Alberti A, Nicoletti R, Polverino P, Rivetti A, Dibilio E, Resta GR, Makrides P, Caneschi C, Cifarelli A, D'Amico A, Moscardi L, Lo Re M, Peschiera F, Gallo ML, Pecoraro A, Sebastianelli A, Masieri L, Gacci M, Serni S, Campi R, Sessa F. Morbidity of Transrectal MRI-Fusion Targeted Prostate Biopsy at a Tertiary Referral Academic Centre: An Audit to Guide the Transition to the Transperineal Approach. *Cancers (Basel)*. 2023 Dec 11;15(24):5798. doi: 10.3390/cancers15245798. PMID: 38136344; PMCID: PMC10742076.

2024

Patient-reported Outcome Measures and Experience Measures After Active Surveillance Versus Radiation Therapy Versus Radical Prostatectomy for Prostate Cancer: A Systematic Review of Prospective Comparative Studies

Alberti A, Nicoletti R, Castellani D, Yuan Y, Maggi M, Dibilio E, Resta GR, Makrides P, Sessa F, Sebastianelli A, Serni S, Gacci M, De Nunzio C, Teoh JYC, Campi R. Patient-reported Outcome Measures and Experience Measures After Active Surveillance Versus Radiation Therapy Versus Radical Prostatectomy for Prostate Cancer: A Systematic Review of Prospective Comparative Studies. *Eur Urol Oncol*. 2024 May 29:S2588-9311(24)00138-X. doi: 10.1016/j.euo.2024.05.008. Epub ahead of print. PMID: 38816298.

2024

Development and validation of a clinical nomogram to predict prostatic inflammation in men with lower urinary tract symptoms

Gravas S, De Nunzio C, Campos Pinheiro L, Ponce de León J, Skriapas K, Milad Z, Lombardo R, Medeiros M, Makrides P, Samarinas M, Gacci M. Development and validation of a clinical nomogram to predict prostatic inflammation in men with lower urinary tract symptoms. Prostate Cancer Prostatic Dis. 2024 Jul 6. doi: 10.1038/s41391-024-00857-5. Epub ahead of print. PMID: 38971935.

2024

[Association between multimorbidity and postoperative mortality in patients undergoing major surgery: a prospective study in 29 countries across Europe](#)

● **NETWORKS & MEMBERSHIPS**

2016 – CURRENT

GMC (General Medical Council) , full registration with a license to practise

2018 – CURRENT

EAU member

2018 – CURRENT

Member of Hellenic Urological Association (EOE)

2016 – CURRENT

Fully registered with Cyprus Medical Council

● **DRIVING LICENCE**

Driving Licence: AM

Driving Licence: B

● **CONFERENCES & SEMINARS**

04/02/2022 – 08/02/2022 Prague , Czech Republic

19th EUREP

2022 Prague , Czech Republic

EST - endoscopic stone treatment practical workshop step 1 and 2

24/02/2022 – 25/02/2022 Prague , Czech Republic

Masterclass on Non-Muscle invasive bladder cancer

10/06/2022 – 12/06/2022 Istanbul

Attendee in SIU Regional meeting in Urological care: Evidence based Updates

10/11/2021 – 14/11/2021 Dubai , UAE

Author of an unmoderated poster, 41st Congress of SIU

Author of an unmoderated poster “The efficacy of retrograde Tandem ureteral stenting after single ureteral stenting patency failure” at 41st Congress of SIU (societe internationale d'urologie), 10-14 November 2021 Dubai.

Urological Congress of N.Greece

Presenting Author of moderated e-poster “Stress urinary incontinence after RRP and management with AUS” at 12th Urological Congress of Greece (12ο Ουρολογικό συνέδριο Βορείου Ελλάδος)

02/12/2023 – 02/12/2023

Asian Webinar Series: Prostate Unlimited 2023

15/11/2023 – 15/11/2023

Virtual eGrand Rounds :Update in Stone Management
