

Curriculum Vitae

Dr. med univ Savvides Panayiotis MD

Profile

I always dreamed of becoming a medical doctor and an Orthopaedic Spine Surgeon. Through love for Medicine and hard work I am lucky to chase my dream.

The clinical Fellowship post in Spinal Surgery at Karolinska University Hospital in Stockholm and my current consultant post, helped me complete the most important and missing part of my education, thus giving me the ample opportunity to become a competent spine surgeon.

Ambitious, dedicated, skilful and kind, are some of those characteristics that assemble the driving force towards achieving my goals.

Finding the balance between our time-craving medical careers and social life has always been a challenge, especially for ambitious surgeons. I came to the conclusion that this relationship is rather variables equilibrium; where my interests in sports, gadgets and travelling, act in favour to managing a good balance between the two.

Personal Information

Family name: Savvides

First name: Panayiotis

Phone: +357 22 469 280 (secretary)
+357 22 469 000 (dispatch)

E-mail: panayiotis.savvides@apollonion.com.cy

Citizenship: Cypriot and Swedish

Nationality: Greek

Language Skills: Greek – (native),
English, Swedish

Driving Licence: International

Registrations/ Licences

- **Hungarian Basic Medical Register,**
Ministry of Health, Budapest, Hungary
Full Registration Number: A/66350, since 10/11/2005
- **Greek Medical Council,**
Register of Medical Doctors,
Regional Directorate of Athens, Athens, Greece
Department of Health and Public Health,
Full Registration, Protocol Number 27178 since 23/11/2005
- **General Medical Council (GMC) - United Kingdom**
Reference number: 6142179
Granted: Full Registration – since 25/5/2006
Status: inactive member
- **Swedish National Board of Health and Welfare**
Socialstyrelsen, Full registration since 31/01/2007
“Bevis om legitimation”, ” Bevis om specialistkompetens Ortopedi ”
Medical license to practice as a Specialist Orthopaedic Surgeon
Since 14/3/2013
- **Cyprus Medical Council**
Ministry of Health ,Registration of Medical Doctors
Full Registration since 2/8/2007
Serial number 04021, Registration number 4299
- **Swedish Medical Association**
Sveriges Läkarförbund, Full Membership since 3/2008
Reg. No. 124511
- **Nordic Spine Academy Sweden**
Collaboration of the Swedish Association of Spine Surgeons and Nordic
DePuy/Synthes
Member of the class 2012 - 2014
- **AO Spine Foundation**
AO Spine International Associate (Bronze Member)
Membership number 43702
- **Swedish Association of Spine Surgeons**
Member since 2010

Education

Degrees/ Qualifications:

- 2013 - present Karolinska University Hospital, Huddinge, Stockholm, Sweden,
Consultant post, Department of Orthopaedics, Spine Section,

- 2012 - 2013 Karolinska University Hospital, Huddinge, Stockholm, Sweden
Clinical Spine Surgery Fellowship, Department of Orthopaedics
Spine Section

- 2008 – 2012 Regional General Hospital of Halmstad, Halland, Sweden
Resident Doctor in Orthopaedic Surgery and Traumatology
in a 5 years program with special focus to Spine Surgery

- 1999 – 2005 Semmelweis University of Medicine, Budapest , Hungary
Medical Diploma, Degree Qualification: Summa Cum Laude
Evaluation: 4.73/ 5, Diploma No 370/2005

Professional Medical/Surgical Experience

- 5/2019 – present Consultant Spine Surgeon – Private Practice at
Apollonion Private Hospital

- 12/2013 - present Specialist Spine & Orthopaedic Surgeon, Consultant post,
Department of Orthopaedics, Spine Section,
Karolinska University Hospital, Stockholm, Sweden
Director: Dr. Ricard Miedel / Dr. Paul Gerdhem MD, PhD

- 12/2012 –11/2013 Spine Surgery Fellowship, Karolinska University Hospital,
Huddinge, Stockholm, Sweden
Director: Dr. Tomas Reigo / Dr. Hans Möller MD, PhD

- 03/2008 –11/2012 Orthopaedic Residency Doctor in the Regional General
Hospital of Halland in Halmstad, Sweden.
Director: Dr. Jan Axelsson MD

- 2/2007 – 8/2007 Junior House Officer, Department of General Surgery,
Nicosia General Hospital, Cyprus,
Director : Dr. Symeonides Pericles MD

- 7/2006 – 1/2007 Junior House Officer , Department of Internal Medicine and
Infectious Diseases, Nicosia General Hospital, Cyprus,
Director: Dr. Markou Ioannis MD

11/2005 – 7/2006 Apollonion Private Hospital, Nicosia, Cyprus
 Member of the microsurgery team as 1st Assistant Surgeon.
 Tutor: Dr. G Shiamishis MD PhD, specialist Orthopaedic
 Surgeon – Traumatologist – Microsurgeon, specialist in Hand
 Surgery and Peripheral nerves

Medical Training - Experience

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|------|---|
| 2018 | 1. Neuroradiology Advance Educational Course for Specialist Radiologists – Swedish National Neuroradiology Council, Sweden |
| 2016 | 1. Adult Degenerative Scoliosis – Surgical Options Basic Course
Medtronic – Medical University, Manchester, UK
2. Advances Cervical Surgical Solutions
De Puy Synthes Institute, Barcelona, Spain
3. Cervical Spine Surgeon Course, Medtronic Medical University
Dundee, Scotland, UK |
| 2015 | 1. Total Cervical Spine Solutions / Prosthesis and Fusions
Medtronic – University of Leiden, Holland
2. Summer University 2015 – Degenerative Spine Surgery,
Lessons learned, the Past, Present and Future.
International Medtronic Symposium ,Vienna, Austria |
| 2014 | 1. Minimally Invasive Spinal Surgery Course and
Lumbar Interbody Fusion / TLIF, XLIF, ALIF, DLIF, OLIF
Medtronic – University of Leiden, Holland |
| 2013 | 1. Medical Laws and Rules / Applications in the daily medical life
Confex – Stockholm, Sweden |
| 2012 | 1. Diagnosis and Treatment of Orthopaedic Tumors
Soft tissue/Skeletal/Metastases - Radiology/Oncology
Karolinska University Hospital. Solna, Sweden

2. The Vertebral Column - Spinal diseases
Fractures/Injuries/Scoliosis - Diagnosis and treatment
Karolinska University Hospital. Huddinge, Sweden

3. Basic course in Research Methods
Qualitative and Quantitative Methods/ Project Design
'Percutaneous Vertebroplasty for the treatment of osteoporotic
vertebral compression fractures - Retrospective follow up study' |

4. Spinal Fractures and Treatment - Cadaver Workshops
Alphatec Spine, Vienna University Hospital, Austria
 5. Leadership and Organization of the Health Care System
Education in communicational skills, relationships,
organization - a 10-day medical obligatory course
- 2011
1. Fracture Educational Days – ‘Frakturdagarna’
Swedish national Symposium on Fractures,
Sahlgrenska University Hospital, Säro, Sweden
 2. Locking Intramedullary Nail Course and Workshops
Stryker, Strasbourg University Hospital, Strasbourg, France
- 2010
1. Arthritis and Endoprotheskirurgi in the Hip and Knee
Swedish national Course for residents, Sahlgrenska University
Hospital, Gothenburg, Sweden
 2. ‘Framtidens Specialistläkare’ - ‘Modern Specialist Doctors’
National Swedish Symposium for the leadership, skills and
scientific background of the modern Swedish specialist
Doctors.
 3. Titanium Elastic Nails (TENs) Course – Diaphysis Fractures
Synthes Resident Program, Tylösand, Sweden
- 2009
1. AO Foundation Fracture Training Course, Stockholm, Sweden
 2. The role and significance of the Tutor in the medical skills
training, Course for Doctors, Landstinget Halland, Sweden
 3. ATLS course and guidelines, Lund, Sweden
 4. Axelina – Shoulder Course,
Swedish National Course for residents, Växjö, Sweden
 5. Arthroscopy and Endoscopic surgery
Swedish National course for residents,
Karolinska Hospital, Huddinge, Sweden
 6. Theoretical, practical use and protection from the X-ray
radiation, Course for Doctors, Landstinget Halland, Sweden
- 2007
1. Centronail Intramedullary Nailing Course and workshops
Orthofix, Nicosia, Cyprus
 2. Advance Life Support Provider Course (ALS)
Cyprus Resuscitation Council, NGH, Cyprus

3. Medical Interview Skills Course, Hammersmith's Hospital,
London, England, UK
- 2006 1. Knee & Shoulder Arthroscopy Course and workshops
Arthrex, Kitzbuhel, Austria

Clinical Research - Scientific Work/Thesis

- 2013 - Clinical Research – Orthopaedic Clinic at Karolinska Hospital,
Stockholm, Sweden
- Supervisor:* Associate Prof. Dr. Paul Gerdhem MD, PhD
Associates: Grauers A. MD, PhD, Diarbakerli E. PT *et al*
Topics: Scoliosis – Trunk appearance, Biological markers,
quality of life, CONTRAIS study,
- 2001 – 2005 Neuroendocrine Research Laboratory
Department of Human Morphology and Developmental Biology
of Semmelweis University, Budapest, Hungary
Member and Research Fellow
- Supervisor:* Prof. Dr. Agnes Nemeskeri MD, PhD
- Topic:* The effects of prenatal stress in the ontogenesis of the
neuroendocrine system in rats (Thesis / Dissertation)
- Methods:* Immunocytochemistry

Teaching Experience

- 2015 - present Lecturer and Course-administrator for Swedish Orthopaedic
resident surgeons, Karolinska University Hospital
- 2015 - 2018 Primary Tutor to Resident Orthopaedic Surgeons at the
Orthopaedic Clinic, Karolinska University Hospital, Huddinge
- 2013 - 2019 Clinical Tutor for medical students of the Karolinska Institute at
the Karolinska University Hospital

- 2009 – 2012 Tutor and lecturer to junior residents and other colleagues as a part of their educational program, Regional General Hospital in Halmstad, Sweden
- 2001 – 2003 Assistant Anatomy teacher of Gross Anatomy in the dissecting Room and Histology at the Department of Human Morphology and Developmental Biology of Semmelweis University, Budapest, cadaver dissection and theoretical practices

Conferences - Prizes

Competitions/ Prizes

- 2005 Awarded Highest Distinction (Hons) Medical Degree by Semmelweis University of Budapest.
Qualification: Summa Cum Laude – Highest Distinction

Publications in Orthopaedic Journals and Magazines / Presentations (use PubMed to search for the journal number and full text)

- 2020 *'Bone health in adolescents with idiopathic scoliosis'*
Co-author, published in the worldwide prestigious 'Bone and Joint Journal'.
- 2019 *'Self-experienced Trunk Appearance and Quality of Life in Individuals with and without Idiopathic Scoliosis.'*
First author, published in the worldwide prestigious 'Spine Journal'.
- 2019 *'Inter- and intra- rater reliability of vertebral fracture classifications in the Swedish fracture register'*
Co-author, published in the 'World Journal of Orthopaedics'.
- 2017 *'Self-experienced Trunk Appearance and Quality of Life in Individuals with and without Idiopathic Scoliosis.'*
Presentation in SOSORT meeting 2017 Lyon, France.
- 2017 *'An observational study on surgically treated adult idiopathic scoliosis patients' quality of life outcomes at one and two-year follow-up and comparison to controls'*
Co-author, published in Scoliosis and Spinal Disorders Journal

- 2016 *'Advances in Spine Surgery – Innovations'*
Honoured Guest Lecturer by the Rector of Semmelweis University
of Medicine, Budapest, Hungary
- 2009 *'Differences between the Greek and Swedish Specialist Training'*
Swedish National Orthopaedic Magazine Nr 1/2009 pp 12-13

Editorial Board

- 2017 "ACTA Orthopaedica et Traumatologica Hellenica"
ISSN 2241- 4347, Hellenica Association of Orthopaedic Surgery
and Traumatology (HAOST) Journal Publication Committee –
Editorial Board Member

Attendances

National / International Conferences

- 2019 29th Cyprus National Orthopaedic Conference
November 2019, Nicosia, Cyprus
- 2017 11th Greek Hellenic Spine Society Meeting
Invited speaker, topic: ' Sacral Bone Fractures'
November 2017, Athens, Greece
- 2017 27th Cyprus National Orthopaedic Conference
Invited speaker, topic: ' Disc herniations – Indications for surgery'
October 2017, Nicosia, Cyprus
- 2017 Swedish Spine Surgery Association – Annual Meeting
Hasselbackens Nordic Hotel, Stockholm, Sweden
- 2017 Nordic Spine Deformity Society (NSDS), Scandinavian Congress,
Vårgård Conference Centre, Stockholm, Sweden
- 2017 Society on Scoliosis Orthopaedic and Rehabilitation Treatment
(SOSORT) International Meeting, **Article presentation**: 'Trunk
Apperance and Quality of life in individuals with and without
scoliosis'. Lyon Conference Centre, Lyon, France
- 2015 International Group of Advancement of Spine Surgery (IGASS)
International Symposium with support from Medtronic,

Topic: Degenerative Spine Surgery, 'Lessons learned, the Past, Present and Future'. Vienna, Austria

- 2014 24th Cyprus National Orthopaedic Conference
October 2014, Limassol, Cyprus
- 2014 Swedish Spine Surgery Association – Annual Meeting
Hasselbackens Nordic Hotel, Stockholm, Sweden
- 2014 EUROSPINE 2014 – European Spine Surgery
International Congress
Lyon International Conference Center, Lyon, France
- 2012 22nd Cyprus National and Traumatology Society Conference,
EFORT approved Conference, Topic : Foot and Ankle
October 2012, Nicosia, Cyprus
- 2011 Mediterranean Trauma Symposium, Cyprus Association of
Orthopaedic Surgery and Traumatology, EFORT approved,
September 2011, Ayia Napa, Cyprus
- 2010 Ortopediveckan –Swedish national Orthopaedics week
7th Annual SICOT/SIROT International Conference
Arranged by AIC and the Sahlgrenska University Hospital,
September 2010, Gothenburg, Sweden
- 2008 20th Swedish National Orthopaedic week
Conference Attendance, September 2008, Tylösand, Sweden
- 2007 18th Cyprus National Orthopaedic and Traumatology Society
Cyprus National Conference, October 2007, Limassol, Cyprus
- 2005 16th Cyprus National Orthopaedic and Traumatology Society
Cyprus National Conference, October 2005, Pafos, Cyprus
- 2005 Greek Orthopaedic and Traumatology Society
Hellenic Conference, participation of the British Trauma Society,
October 2005, Athens, Greece

Educational Courses

Spine Academy Alumni

2014,15,17 Singe Day Spine Academy Alumni Educational Course
 Hasselbacken Nordic Hotel, Stockholm, Sweden
 Organized by the Swedish Association of Spine Surgeons in
 collaboration with Nordic Spine DePuy/Synthes

Spine Academy Sweden class 2012 - 2014

2012 6 Educational Courses (each a 3-day spine course)
 Department of Orthopaedics and Trauma, Spine Section,
 University Hospital in Linköping, Karolinska, Malmö, Sahlgrenska,
 Akademiska i Uppsala, Spine Center Stockholm, Sweden.
 Organized by the Swedish Association of Spine Surgeons in
 collaboration with Nordic Spine DePuy/Synthes

Swedish Regional Educational Courses for Orthopaedic Resident Doctors

2012	1. Orthopaedic Infections II Infections related with trauma and prostheses, spine
2011	1. Paediatric Orthopaedics IV Hip Dysplasia, Foot disorders, Children's Orthopaedic trauma 2. Paediatric Orthopaedics III Treatment of fractures in the upper and lower extremities 3. Paediatric Orthopaedics II Osteomyelitis and bacterial septic arthritis 4. Distal radius fractures in adults and workshop 5. Public Medical Insurance and Sick leave absence issues 6. Fractures of the pelvic ring, acetabulum and lower extremity
2010	1. Basic Principles in Osteosynthesis and workshop - Synthes 2. Fracture Healing 3. Orthopaedic Infections I Infections related to orthopaedic surgery and treatment
2009	1. Paediatric Orthopaedics I Neuromuscular Diseases, Clump foot, Anisomelia, Perthe's Coxitis Simplex and hip epiphyseolysis

References

Referee

Title : Professor, MD, PhD

Surname: Gerdhem

First name: Paul

Job title: Professor (Adjunct), Head of Spine Section, Spine Surgeon and
Specialist Orthopaedic Surgeon, Department of Orthopaedics,

Address: Ortopedkliniken
Karolinska University Hospital Huddinge,
Hälsovägen, Flemingsberg
141 86 Stockholm
Sweden

Telephone: +46 8 585 800 00 (central)

Email: paul.gerdhem@sl.se

Relationship: Director Spine and Research lab, mentor/tutor, clinical associate

Additional referees upon request